A MOMENT TO RETURN TO YOURSELF

Love with open eyes



See the person clearly. Keep both grace and boundaries.

CHARM
is not proof of character.

HOPE
must leave room for facts.

GRACE
can coexist with boundaries.

CHOOSE REALITY. PROTECT YOUR HEART.

01 See the whole person

Admire strengths without assuming perfection. Do not fill what I do not yet know with what I hope is true.

02 Keep the facts in view

Do not dismiss red flags to preserve a hopeful image. Charm and grand promises do not cancel troubling behavior.

03 Slow the intensity

Quick closeness can outrun discernment. Pray, reflect, and allow time to reveal character before deepening trust.

04 Keep my needs visible

Notice when I silence needs or ignore discomfort to keep the peace. Honesty and boundaries belong in a loving relationship.

05 Allow flaws, keep limits

Make room for mistakes and growth. Human imperfection does not require me to excuse repeated harm or drop needed boundaries.

06 Ground my hope in God

Only God is perfect. Bring my longing for rescue or approval to Him, so I can see people as they are.

“Charm is deceptive, and beauty is fleeting; but a woman who fears the Lord is to be praised.”

PROVERBS 31:30

A SIMPLE PRAYER

Father, clear my vision when I see only what I want to see. Help me face facts, honor my limits, and resist placing people on pedestals. Give me grace for human weakness and courage to protect myself from harm. Teach me to love in truth. In Jesus’ name, Amen.

I can see the good in someone without overlooking what could hurt me.